



SCHEDULE TIME GOLDEN GLOVE 2019

STYLE	DIVISION	ROUND	TIME	PAUSE
Pointfighting	Kids	2	1 minute	1 minute
	Younger cadets b/b	2	1 minute and half	30 seconds
	Older cadets b/b	2	1 minute and half	30 seconds
	Younger cadets under green	1	2 minutes	-
	Older cadets under green	2	1 minute and half	30 seconds
	Junior	2	1 minute and half	1 minute
	Senior	2	2 minutes	1 minute
	Master	1	3 minutes	-
	Junior/Senior under green	1	3 minutes	-
	Tag Team	1	3 minutes	-
Light Contact	Kids	2	1 minute	1 minute
	Younger cadets b/b	2	1 minute and half	30 seconds
	Older cadets b/b	2	1 minute and half	30 seconds
	Younger and older cadets under green	2	1 minute and half	30 seconds
	Junior	2	1 minute and half	1 minute
	Senior	2	2 minutes	1 minute
	Master	2	1 minute and half	30 seconds
	Junior/Senior under green	2	1 minute and half	30 seconds
	Tag Team	1	3 minutes	
Kick Light	Junior/Senior	2	2 minutes	1 minute
	Master	2	1 minute and half	1 minute
Ring Sports	Beginner	2	2 minutes	1 minute
	Advanced	3	2 minutes	1 minute